

Brockport Central School District

Elementary Lunch Menu October 2023

	Meat/Meat Alternative	Grain	Fruit	Vegetable	Milk
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Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Patty on a Bun Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	3 Meatball Sub with or without Mozzarella Cheese Sweet Peas Fresh Broccoli Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	4 Cheese Pizza Or Pepperoni Pizza Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	5 Hot Dog on a Bun French Fries Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk B	6 NO SCHOOL TODAY! 
9 NO SCHOOL TODAY! 	10 Fiestada Pizza or Assorted Deli Golden Sweet Corn Refried Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk C	11 Stuffed Crust Pizza Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	12 French Toast Sticks With Sausage Patties Hashbrown Patties Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk A	13 Macaroni & Cheese or Assorted Deli Garlic Parm Broccoli Carrot and Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B
16 Chicken Smackers with a Mini Pretzel Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	17 Cheeseburger or Hamburger French Fries Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk D	18 French Bread Pizza Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	19 Pulled BBQ Sandwich Or Assorted Deli Mashed Potatoes Fresh Broccoli Cupped Fruit Assorted Fresh Fruit Assorted Milk B	20 Toasted Cheese Sandwich or Ham or Turkey Sandwich Tomato Soup Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C
23 Dinosaur Chicken Nuggets with a Mini Pretzel Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	24 Taco in a Bag or a Soft Shell Or Assorted Deli Gold Sweet Corn Refried Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk A	25 Deep Dish Cheese Pizza or Deep Dish Pepperoni Pizza Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	26 Pasta with Meatballs Or Plain Sauce Sweet Peas Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk C	27 Pizza Crunchers with Sauce or Assorted Deli Garlic Parm Broccoli Cucumber Wheels Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D
30 Chicken Smackers with a Mini Pretzel Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	31 Cheeseburger or Hamburger  Tater Tots Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk B	1 Cheese Pizza Or Pepperoni Pizza Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	2 Hot Dog on a Bun French Fries Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk D	3 Mozzarella Sticks with Sauce or Assorted Deli Steamed Broccoli Fresh Cauliflower Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A

Served Daily:
 Assorted Salad Plates
 PBJ
 Yogurt Plate

Choice of Milk:
 1% White Milk
 Skim Milk
 Strawberry Milk
 Low Fat Chocolate

Every Meal Includes:
 2 Servings of Fruit
 1 Serving of Each Vegetable

Every meal must include a 1/2 cup fruit or vegetable.

Meal Prices:
Full Breakfast: Free at this time.
Reduced Breakfast: Free at this time.
Full Lunch: Free at this time.
Milk: \$.70
Reduced Lunch: Free at this time.

Food Service Contact:

Phone:
 (585)637-1846
 Email:

Menu Subject to Change depending on product Availability.

If you have a food allergy, please notify us. Allergy information is available for prepared food items upon request.

Breakfast Menu:

Mondays
 Assorted Frudels
 Cereal, Muffin, or Poptart
 Fresh Fruit or Cupped Fruit & Milk

Tuesdays
 Bagel with Condiment
 Cereal, Muffin, or Poptart
 Fresh Fruit or Cupped Fruit & Milk

Wednesdays
 Assorted Breakfast Sandwiches
 Cereal, Muffin, or Poptart
 Fresh Fruit or Cupped Fruit & Milk

Thursdays
 Assorted Breakfast Breads
 Cereal, Muffin, or Poptart
 Fresh Fruit or Cupped Fruit & Milk

Fridays
 Assorted Cinnamon Rolls
 Cereal, Muffin, or Poptart
 Fresh Fruit or Cupped Fruit & Milk

This institution is an equal opportunity provider.